






2025 Food Resources in Duluth, MN

Version #20 - Winter 2025-2026

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	 Eco3 LNPk Key
Breakfast	6	6 17	6 17	6 17	6 17	6 17	6 10 13	
Lunch	6	6 8 11 15 17	8 11 15 17	6 8 15 17	8 11 15 17	6 8 11 15 17	6	 For seniors/ older adults
Dinner	6 12	6 17	6 12 17	6 12 17	6 12 17	6 12	6 12	 For youth
Groceries/ Delivery/ Food Pick-Up		2 3 5 7 16	1 2 3 4 4 7 9 14 16	1 2 3 4 4 5 7 15	1 2 3 4 4 5 7 14 15	2 3 5 7 16 9		 For all ages
								 For SNAP card holders
Organization	Description	Location			Days	Hours	Phone	
1 AgeWell Arrowhead	Groceries-To-Go (shopping and delivery)	Groceries-To-Go (shopping and delivery)			Tuesdays (place orders), Wednesdays, Thursdays (deliveries)	Call to enroll and schedule your pick-up	218-623-7800	
2 AEOA	Hot Meals delivered to the homebound M-F. Frozen meals available for Saturday and Sunday. Must Register. Call to register. \$4.50 suggested donation. 60+	Lincoln Park Center: 2014 W 3rd St. Duluth, MN 55806 (in the back alley behind Lincoln Park Center)			Monday - Friday (hot meals) Saturday - Sunday (frozen meals)	8:00AM - 1:00PM	218-735-6899	
3 Boys and Girls Club of the Northland	Care packages (non-perishable foods) as needed	2407 W 4th St. Duluth, MN 55806			Monday - Friday	NOON - 6:00PM (summer); 2:30PM - 8:00PM	218-725-7706	
4 4 Community Action Duluth (CAD) Mobile Market	Mobile grocery store. Preorder online, by phone, or shop in person! 50% off produce with EBT. Check online for specific dates, times, and locations.	Downtown: North Pointe Resource Center & St Francis Apartments			Tues Dec. 2nd & Dec. 16th	Check communityactionduluth.org/ mobile-market for upcoming monthly market dates, times	218-726-1665 x224	
		Lincoln Park: Midtown Manor Building 2 Community Action Duluth			Thurs Dec. 11th Sun Dec. 21st			
		Gary-New Duluth: Heritage Apartments & Vintage Acres			Tues Dec. 9th			
		Delivery Day: East Duluth West Duluth			Weds Dec. 10th Weds Dec. 17th			218-726-1665 x226
4 4 Community Action Duluth		Farmers Markets Closed in December					218-726-1665 x227	
5 CHUM Emergency Food Shelf	First come first serve food pick-up	Chum Food Shelf: 120 N 1st Ave, Duluth, MN 55802			Wednesday, Friday	10:00AM - NOON	218-727-2391	
		Our Saviors Lutheran Church: 4831 Grand Ave, Duluth, MN 55807			Mondays	10:00AM - NOON	218-727-2391	
	CHUM2GO - For those with disabilities, large families, seniors, and people who do not have access to transportation	Delivery Program: sign up at chumduluth.org/foodshelf			1st and 3rd Thursday of each month	10:00AM - NOON	218-720-6570 x4, ask for April	

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6	Damiano Center-Community Kitchen	Free meals (dine in lunch)	206 W 4th St. Duluth, MN 55806	Daily	Breakfast: 8:30AM - 9:30AM	218-722-8708, 218-726-0500
				Monday, Wednesday, Friday, Saturday, Sunday	Lunch: 11:30AM - 1:00PM	218-722-8708, 218-726-0500
				Friday, Saturday, Sunday	Dinner: 5:00PM - 6:00PM	218-722-8708, 218-726-0500
6	Damiano Center-Kids Kitchen	Daily activities and homework help (dinner served at 4:00PM)	206 W 4th St, Duluth, MN 55806 (lower-level, use 2nd Ave W entrance)	Monday - Thursday	2:30PM - 6:00PM, Meal Served 4:00PM	218-336-1033
7	Duluth Area YMCA	Drop-in healthy meals and snacks	Harbor Highlands Community Center: 28 E Village View Dr, Duluth, MN 55806	Monday - Friday	1:00PM - 5:00PM Snack: 4:30PM	218-722-4745 x120
		Meal kits (2 meals for family of 4)	Hermantown YMCA Essentia Wellness Center: 4289 Ugstad Rd, Hermantown, MN 55811	Thursdays	4:00PM - 5:30PM	218-722-4745 x120
8	Duluth Harbor Mission	Drop in meals and snack pack pick up	2910 W 3rd St, Duluth, MN 55806	Monday - Friday	Snack Pack: 9:00AM - 3:00PM (for unhoused individuals) Breakfast: 8:30AM-1:00PM	218-481-7400
				Monday - Friday	Lunch: 11:00AM-1:00PM Drop in: 8:30AM - 3:00PM	218-481-7400
9	Fruit of the Vine Food Shelf	Guests may choose their own groceries inside.	1533 W Arrowhead Rd, Duluth, MN 55811	Tuesday	6:00PM - 8:00PM	218-525-3462
				Saturday	9:30AM - 11:30AM	218-525-3462
10	Gloria Dei Lutheran Church	Breakfast on the 4th Saturday of the month	219 N. 6th Ave. E., Duluth, MN 55805	4th Saturday of the month	9:00AM - 10:30AM	218- 722-3381
11	Life House Youth Center	Free dine in meals and access to food pantry. Ages 14-24.	102 W First St, Duluth, MN 55802	Monday - Friday	Lunch: 11:00AM - 1:00PM Dinner: 3:00PM-6:00PM	218-722-7431 x117
12	Loaves and Fishes	Meal served at 5 PM on W, F, Sun at Olive Branch (for women and children).	Olive Branch. 1614 Jefferson St, Duluth, MN 55812	Wednesday, Friday, Sunday	5:00 PM	218-728-0629
		Meal served at 6PM T, TH, Sat at Dorothy Day House.	Dorothy Day House. 1712 Jefferson St, Duluth, MN 55812	Tuesday, Thursday, Sunday	6:00 PM	218-728-0629
13	Our Savior's Evangelical Church	Breakfast is served every 4th Saturday of the month.	4831 Grand Ave, Duluth MN 55807	4th Saturday of the month	9:00AM - 10:30AM	218-624-3648
14	Ruby's Pantry Coppertop	Drive up food pantry, \$25 donation for 2 boxes of food, bring your own boxes	First United Methodist Church: 230 E Skyline Pkwy, Duluth, MN 55811	3rd Thursday of the month	Register: 4:30PM; Food Bundles: 4:30PM - 6:00PM	218-727-5021
14	Ruby's Pantry Hermantown	Drive up food pantry, \$25 donation for 2 boxes of food, bring your own boxes	Peace in Christ Lutheran Church: 5007 Maple Grove Rd, Hermantown, MN 55811	2nd Tuesday of the month	Register: 4:30PM; Food Bundles: 5:00PM - 6:30PM	651-674-0009
15	Salvation Army	Weekday hot lunch	215 S 27th Ave W, Duluth, MN 55806	Monday - Friday	11:30AM - 12:30PM	218-722-7934
		Food shelf		Monday, Thursday	1:30PM - 3:45PM	218-722-7934
		Medical food shelf available for people with special dietary needs. A medical referral is required. Call to schedule an appointment.		Wednesday	1:30PM - 3:00PM	218-722-7934
16	Second Harvest Northland	Food shelf and drive-thru food distribution	2302 Commonwealth Ave, Duluth, MN 55808	Tuesday, Friday	10:00AM-1:00PM	218-727-5653
17	Union Gospel Mission	Free weekday hot lunch and dinner	219 E 1st St, Duluth, MN 55802	Monday - Friday	Breakfast: 9:00 - 10:30AM	218-722-1196
				Monday - Friday	Lunch: NOON - 1:00PM	218-722-1196
				Monday - Thursday	Dinner: 4:30PM - 5:30PM	218-722-1196

For more information on resources in Duluth, visit <https://resourceful.findhelp.com/>

For bus route information, please call the Duluth Transit Authority at 218-722-7283

*This data is subject to change. Check online or call organizations directly for their most updated programming and schedules, including Christmas and New Year's holidays.